

28th April 2023

Upton Primary Newsletter

Upton-upon-Severn CofE Primary, Nursery and Riverboats SureStart Children's Centre, working together to support the local community



Our School Vision is to offer inspiration to young lives 'Anything is possible, we can all succeed'

Providing enriching experiences to foster aspiration 'To inspire ... To aspire'

I can do all things through Christ who strengthens me (Philippians 4:13)

WEEKLY BIBLE QUOTE

[1 Corinthians 9:24](#) - Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it.

PERSEVERANCE

This term's value is 'Perseverance' and everything we do in school requires some form of perseverance. Our children are taught through our Christian vision that these values can underpin their entire life. At times there may be challenges to face and sometimes things may seem impossible to sort but if we persevere, even when things are very tough, we can get through the difficulties presented. Working with the Churches together in Upton we have a rota for our worship assemblies. The Reverend Barry Unwin and Reverend Amy Wearing both take our current value and produce special assemblies for us to share. This week Reverend Amy Wearing has produced a perseverance assembly with a very strong theme of how to keep going when things are difficult. She has kindly produced an Upton assembly video for you to share this with your families. We hope you enjoy the video and would like to wish you a very happy Bank Holiday weekend and remind you that we are not returning to school until Tuesday 2nd May 2023.

CORONATION CELEBRATIONS



AFTERNOON TEA

For the Coronation celebration next Friday, 5th May, we would like the children to have an afternoon tea consisting of scones and cake. We would like to request your support with this. If anyone is able to make a small batch of scones and/or cupcakes with a Royal theme would you please contact the school office by email to office@uptonuponsevern.worcs.sch.uk and let us know. We really hope to have some special scones and cakes to serve to the children for this momentous occasion. For children that have allergies can we please ask the parents of those children to provide a small plate covered specifically for their child to ensure that their food is not impacted by anything that may cause an allergic reaction. Please note this afternoon tea is not a replacement for the school lunches and these must be ordered as normal through Miquill.

CORONATION CLASS ACTIVITIES

During next week all classes will be preparing for our Coronation Celebration day which is taking place on Friday 5th May, with the following activities:

- Reception - make shortbread, crowns, stained glass windows and pinning the Crown on the King
- Year 1 - designing a stamp, character description of King Charles III
- Year 2 - design a Coronation Crown, Crown Jewels Treasure Hunt and write poems about King Charles III
- Year 3 - prepare and sing anthem for King Charles III and associated 'Royal related activities in class'
- Year 4 - making a portrait of King Charles III using recycled materials. **We need your help with this - can we please have, by the morning of Thursday 4th May, donations of recycled materials, e.g. boxes, magazines, fabrics etc for Year 4's portrait project. These can either be dropped into the school office or given to Mrs Clements or Mrs Gabriel.**
- Year 5 - biography research of King Charles III, make Crowns, prepare Crown Jewels Treasure Hunt for Year 2
- Year 6 - biography research of King Charles III

We will also be holding a disco to celebrate the Coronation on the evening of Friday 5th May and the entrance charge for this will be £2 per child, to include refreshments. Please see programme of events below for timings of all the events taking place on Friday 5th May 2023.



**UPTON UPON SEVERN CofE PRIMARY AND PRE SCHOOL
KING CHARLES III CORONATION PROGRAMME OF EVENTS
FRIDAY 5TH MAY 2023**

TIME	EVENT
2.00pm to 2.30pm	Afternoon tea for children
2.30pm to 3.00pm	Official crowning ceremony by the Mayor of Upton, Cllr Shirley Dobbin. All parents/carers are invited to attend this event in the school playground
5.00pm to 5.45pm	Disco (£2 per child to include refreshments) - Reception and Years 1 and 2
6.00pm to 7.00pm	Disco (£2 per child to include refreshments) - Years 3 to 6

MARVELLOUS ME! COURSES



The Marvellous Me! courses are continuing to run through this term on Tuesday mornings from 9.15am to 11.00am in The Riverboats Children's Centre. Come and join us for a cup of tea or coffee and find what this is about!

Being a parent is most rewarding and gives many hours of happiness but can also present challenges. At times it's good to know that when any challenges arise there is a range of support available which is both informal and helpful. We would recommend this 'Marvellous Me' course to all of you as it provides the input to support with some of life's challenges which we all face at some point. The sessions are not run through school and are independently set up and run in the Children's Centre.

They are designed to help you as a parent in an informal environment with a chat over coffee/tea. Some of our parents have attended this course already and below is some positive feedback:

"This course has been so helpful for me to have some time and space to share and learn. It's beneficial for both me and the children. It's such a safe space to be open and seek solutions for any ongoing stress or challenges. The activities with the children are great and I've learnt some new craft ideas too! I'd recommend coming and trying it. It's a lovely group too."

"Marvellous Me course is good because you make new friends and you get to spend some 1 on 1 time with one of your children to make stuff."

If you would like to book onto the session next Tuesday please do so through the office. If you would like to have an evening/after school session please email us at the office and we will see if we can set a time to accommodate this.

Jessica looks forward to welcome you at the Riverboats Children's Centre.

2023-2024 ACADEMIC CALENDAR



2023 - 2024

ACADEMIC CALENDAR

KEY	
 	Bank holiday
 	TED
 	Holiday

AUGUST 2023

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SEPTEMBER 2023

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OCTOBER 2023

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DECEMBER 2023

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JANUARY 2024

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FEBRUARY 2024

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MARCH 2024

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APRIL 2024

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MAY 2024

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JUNE 2024

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JULY 2024

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PUBLIC HEALTH INFORMATION

On behalf of our colleagues in Public Health, please find below information and advice regards World Immunisation Week and World Hand Hygiene Day.

Measles and the MMR Vaccination

This week (24 to 30 April) is World Immunisation Week. As part of this, Public Health in Worcestershire are encouraging everyone to ensure they are up to date with their MMR vaccinations. Measles is a very infectious viral illness that is spread by coughs and sneezes. It spreads very quickly to non-immune children and adults who are unvaccinated or have not previously been infected. It can be a serious illness.

Measles usually starts with cold-like symptoms which can include a high temperature, a runny or blocked nose, cough/sneezing, sore red eyes, white spots inside the mouth and a rash.

The MMR vaccine is a safe and effective combined vaccine and protects against 3 serious illnesses: Measles, Mumps and Rubella. Two doses of the MMR vaccine are needed to get the best protection from measles. The first dose is given at the age of 12 months and the second dose is given at three years and four months, before starting school. Having both doses gives long lasting protection.

Parents or guardians of children who are not up to date with their two doses of MMR vaccine should contact their GP practice to book an appointment. It's never too late to catch up. Adults who have never previously had the MMR vaccine or have only had one dose of it, should contact their GP surgery to arrange to catch up with outstanding doses.

For more information on measles, MMR vaccine and seeking medical advice please visit: [Measles - NHS \(www.nhs.uk\)](https://www.nhs.uk)

World Hand Hygiene Day 2023

World Hand Hygiene Day 2023 takes place on 5th May. The theme for this year is 'Accelerate Action Together- Save lives. Clean Hands'. This is promoting that together we can take action to prevent infections. One of the ways this can be done is by maintaining effective hand hygiene.

Preventing an infection and its spread can have huge benefits to everyone. Cleaning hands helps to protect you and others from becoming ill.

As part of this, Public Health in Worcestershire would also like to raise awareness of the local 'Clean Hands, Safe Hands' campaign. For more information on World Hand Hygiene Day visit [World Hand Hygiene Day 2023 \(who.int\)](https://www.who.int)

Clean Hands, Safe Hands Campaign

During the Covid-19 pandemic, handwashing was promoted as an effective way of reducing the risk of passing on the virus. The aim of the campaign is to continue to raise awareness of the importance of maintaining good hand hygiene to minimise the risk of passing germs on to others.

The key call to action is to encourage individuals to regularly wash their hands as part of their everyday routine. The key message is washing your hands with soap and water is still the best way to make sure your hands are germ-free as hand sanitisers are not effective against some germs like the sickness bug, Norovirus.

COMMUNITY NOTICES



Coronation Celebrations

Win an afternoon Cream Tea & Prosecco for four people

Share your celebrations of the King's Coronation with us!

For a chance to win, **Tag** us on your Facebook page with the picture of you enjoying this wonderful historic event, or email your picture to us.
We can't wait to see them!



Closing date - Tuesday 9 May 2023
Your entries need to tag **Elgar Court** on your Facebook page,
or emailed to: naomi.steward@barchester.com

Lucky winners will receive this prize in August 2023.



Elgar Court Care Home
St Andrews Road, Malvern, WR14 3PT. Tel: 07827 065 873
www.barchester.com or find us on Facebook: [@Barchesterelgarcourt](https://www.facebook.com/Barchesterelgarcourt)





The Malvern Well Dressing & Water Festival poster features a central illustration of a person in a green well dress, surrounded by water and flowers. The text 'MALVERN WELL DRESSING & WATER FESTIVAL' is prominently displayed. Below this, a blue banner reads 'May Day Water Festival Family Fun Bank Holiday Monday 1 May 2023'. The location 'Priory Park, Malvern 10am-5pm' is also mentioned. A list of activities is provided, including inflatable fun, face painting, Maypole, Morris dancing, and live music. A green circle lists food and refreshments provided by local vendors.

MALVERN WELL DRESSING & WATER FESTIVAL

May Day Water Festival Family Fun
Bank Holiday Monday 1 May 2023
 Priory Park, Malvern 10am-5pm

What's on:
 10am-4pm BBC Inflatable Fun and Children's Activities
 10am-4pm Face Fanatics face painting
 10am-11:30am Maypole and So Xsighted Morris Dancing and Music
 11am-1pm Creative Clay Workshop
 12pm-2pm Circus Skills Workshop
 12pm-12:40pm Live Music - Set 'em up Joe
 1pm-1:40pm Live Music - The Three Disagrees
 2pm-4pm Creative Clay Workshop
 2pm-3pm The Water Cure Dance by Dancefest, the Victorian Water Cure re-enactment and Prize Giving Ceremony
 3pm-3:40pm Live Music - Journeyman
 3pm - 5pm Circus Skills Workshop
 3:40pm-4pm Live Music - Malvern Samba Band

Food and Refreshments Provided by:
 Horse Box Coffee Cart
 Smokey Dough Pizzeria
 The beefy boys
 Three Bears Bakery
 Divine Donuts

www.visitthemalverns.org/welldressing



The Malvern Multi-sports Camp poster features a colorful background with various sports equipment like a basketball, soccer ball, tennis racket, and badminton racket. The title 'Malvern Multi-sports Camp' is in large, bold letters. Below the title, a purple box describes the camp's purpose. A yellow box states that children must bring a packed lunch and drinks. A list of camp dates is provided, along with the location 'MSJ Sports & Fitness Centre, Malvern, WR14 3LH.' and the time '9.30am - 3.30pm each day'. A price box indicates the cost for 1, 2, or 3 days. Contact information is at the bottom.

Malvern Multi-sports Camp

Providing young people aged 4-14 of all abilities with an opportunity to have fun, develop sporting skills and meet with friends.

All children must bring a packed lunch and drinks each day

May Half-Term: 30th & 31st May 23
 Summer Camp 1: 26th, 27th & 28th July 23
 Summer Camp 2: 31st July, 1st Aug & 2nd Aug 23
 Summer Camp 3: 7th, 8th, 9th Aug 23
 Summer Camp 4: 14th & 15th Aug 23

MSJ Sports & Fitness Centre,
 Malvern, WR14 3LH.

9.30am - 3.30pm each day

Only
 £27.50 for 1 day
 £47.50 for 2 days
 & £23.75 for each subsequent day booked!

For more information, and to secure your place, please contact:
 07879 779569 ben.robertshaw@live.co.uk



GIRLS OPEN DAY

FREE

SUNDAY 14TH MAY

PLOVERS RISE, KEMPSEY, WR5 3SA

AGE 5-8 09.30 - 10.30 AM

AGE 9-12 11.00 - 12.00 PM



COACHED BY GRAHAM ABERCROMBIE
FORMER NOTTS FOREST, ASTON VILLA, WBA &
SHEFFIELD FC FIRST TEAM MANAGER

TO REGISTER YOUR INTEREST PLEASE CONTACT:
HGREEN.KCFCSECRETARY@GMAIL.COM

