

19th May 2023

Upton Primary Newsletter

Upton-upon-Severn CofE Primary, Nursery and Riverboats SureStart Children's Centre, working together to support the local community



Our School Vision is to offer inspiration to young lives 'Anything is possible, we can all succeed'

Providing enriching experiences to foster aspiration 'To inspire ... To aspire'

I can do all things through Christ who strengthens me (Philippians 4:13)

WEEKLY BIBLE QUOTE

[Jude 1:24](#) - Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy.

PERSEVERANCE

Our school value for this half-term has been perseverance and, in line with the school's ethos, we ensure that all the community support our children to understand the meaning of this value. The Year 6 residential trip gave many different opportunities for the children to express courage and perseverance. Mrs Dodd even took herself completely out of her comfort zone and again used courage and perseverance to take part in an adventure activity.



YEAR 6 CONDOVER RESIDENTIAL

This week all the children from year 6 went on an exciting adventure to JCA Condoover Hall. We were blessed with glorious weather which meant we spent the whole trip outdoors. The children took part in lots of brilliant activities from archery to climbing wall, Aerial Trek to Initiative Exercises. It was great to see the children pushing themselves and really achieving things. For some a night away from home is the biggest challenge of all. The children behaved impeccably and all the staff who took them were incredibly proud. There were so many fun things to do at Condoover Hall and the amazing setting of this stately home really made the trip special. Team Upton really proved that anything was possible and their enthusiasm and perseverance meant every single child (and some adults) achieved something.









<https://sway.cloud.microsoft/NSLa7dBJVICPc6EU#content=4YgOkrUkHrBeBh>

YEAR 5 CRICKET EVENT

Year 5 had a great day at the Worcestershire County Cricket ground before rain stopped play. The children played different bowling, batting and field games and enjoyed watching the cricket. As we entered the cricket ground, some children were wowed as to how close they were to the players. Children who previously did not know anything about cricket really enjoyed it and have even said they would like to play in a tournament.







STAFF CELEBRATIONS

We would like to congratulate Cllr Shirley Dobbin, a member of our admin team, on being voted in to be Mayor of Upton for the second year running.

It is a great honour for us to have the Mayor of Upton working within our school community and when Shirley was elected last year we did some research and it appears she is in the minority of Mayors who work in schools! This makes us particularly proud to have her part of the Upton team and we wish her every success for the forthcoming year as she works with the local community to support our lovely town.

MENTAL HEALTH AWARENESS WEEK

There is a mental health awareness week in 2023 which focuses on anxiety. This is something that everybody at some point will feel as it is a completely normal emotion in us all. However very occasionally it can become a little consuming and cause an issue which makes it harder to manage.

Many things can lead to feelings of anxiety, including exam pressures, relationships, starting a new job (or losing one) or other big life events. We can also get anxious when it comes to things to do with money and not being able to meet our basic needs, like heating our home or buying food. There is support for those who are experiencing feelings of anxiety and the link below provides parents with information regarding this.

We always focus on the positive in our school but also ensure that children are given the opportunity to talk and share strategies for when they are worried. To support this and to encourage positive mental health Mrs Malpass and the school council are busy planning a well-being day. This will be held on Wednesday 7th June. There is going to be lots of activities that can be tried to improve our well-being. We invite the children to wear something green for the day in support of the Mental Health Foundation - no donation required.

<https://www.youngminds.org.uk/parent/>

CREATIVE CRAFTS COMPETITION

Following on from the recycle theme this term The Creation Station Ltd have collaborated with 'Beyond The Box' to share an exciting competition. Create Club will be making cardboard characters for this in the last session of this term, but all children regardless if they attend the club can enter.

All entries (even those made in Create Club sessions) are to be sent in individually using the following links below:

- Take a snap of your cardboard creation
- Upload to social
- Tag [Beyond The Box](#) and [The Creation Station Ltd](#) along with [#ChooseCardboard](#)

The winning design will be transformed into a stop motion animation clip and will also receive a Merlin pass and a Creation Station hamper. Two runners-up will receive Creation Station goodies. The competition is running until 31st May 2023. Families can either take part at home online or by joining their local Creation Station classes across the UK between the 22nd and 31st of May 2023. The winners will be announced on 6th June 2023 and contacted directly. Please see The Creation Station website for the full competition T&Cs: <https://www.thecreationstation.co.uk/competitions>



COMMUNITY NOTICES



THE HIVE, WORCESTER - HALF TERM EVENTS

Tuesday 30th May: FREE Clay Workshop with Meadow Arts - 10:15am, 12:00pm and 2:15pm

Create your own island sculpture! Make plants, creatures and buildings for your island and think of a short story about your imagined place. Take your clay island home where you can choose to keep it or learn how to submerge your island in water and watch it sink before your eyes! This workshop is suitable for children aged 5+ and is FREE to attend.

[Book your FREE place here](#)

Thursday 1st June: FREE Origami and Art Workshop – 10:00am-3:00pm

Create some origami animals or art inspired by nature in this FREE workshop. Your work can also help create a piece of art that will form part of a community route map to be displayed at The Hive! This session is FREE to attend and you don't need to book.

Thursday 1st June: Worcestershire Play Council FREE play - 10:00am -12:00pm & 1:00pm-3:00pm

Join in for some play, games and craft activities for children aged 2- 11 years led by Worcestershire Play Council.

This session is FREE to attend, and you don't need to book!

Saturday 3rd June: Tom Gates 'Draw Along' – live from the Hay Festival – 2:30pm

Get your pencils at the ready! It's doodling time. You can learn how to draw Tom Gates and a host of other characters with author and illustrator Liz Pichon as part of this live screening direct from the Hay Festival. Suitable for ages 9+. This session is FREE to attend, and you don't need to book!

Sunday 25th June: Books to Make You Smile – 10:00am – 3:00pm

We'll be celebrating the joy of books in this sock-tastic day of fun in the Children's Library! Make a silly sock puppet, take it on a super story walk adventure, and then borrow a book to make you smile from our themed display! You can join us for both the silly sock craft session (£2.50 per child) followed by the Story Walk (free of charge). Or you can come along for just the Story Walk and bring your favourite toy or puppet with you! [Find out more here!](#)

