



PSHE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	What is the same and different about us?	Who is special to us?	How can we look after each other and the world?	What can we do with money?	What helps us to stay healthy?	Who helps to keep us safe?
2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us to grow and stay healthy?	How do we recognise our feelings?
3	How can we be a good friend?	Why should we keep active and sleep well?	What makes a community?	What keeps us safe?	Why should we eat well and look after our teeth?	What are families like?
4	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choice make a difference to others and the environment?	What strengths, skill and interests do we have?	How can we manage risk in different places?
5	How can friends communicate safely?	What makes up a person's identity?	What jobs would we like?	What decisions can people make with money?	How can drugs common to everyday life affect health?	How can we help in an accident or emergency?
6	What will change as we become more independent? How do friendships change as we grow?		How can the media influence people?		How can we keep healthy as we grow?	